LIVE WELL SOUTH TEES BOARD

A meeting of the Live Well South Tees Board was held on Thursday 23 March 2023.

PRESENT: D Coupe (Co-Chair), M Adams, D Gallagher, D Gardner, S Kay, M Ovens,

E Scollay, A Tahmassebi, B Cooper, M Davis, K Warnock and R Harrison

ALSO IN D Best

ATTENDANCE:

OFFICERS: J McNally

APOLOGIES FOR Councillors M Lanigan, K Boulton, T Parkinson, P Rice, J Walker, A Barnes and

ABSENCE: M Graham

22/22 WELCOME AND INTRODUCTIONS

Councillor Coupe welcomed everyone to the meeting of the Live Well South Tees Board.

22/23 **DECLARATIONS OF INTEREST**

There were no declarations of interest received at this point in the meeting.

22/24 MINUTES- LIVE WELL SOUTH TEES BOARD - 10 JANUARY 2023

The minutes of the Live Well South Tees Board meeting held on 10 January 2023 were submitted and approved as a correct record.

22/25 WHOLE SYSTEM APPROACH TO PREVENTION AND INEQUALITIES - PRESENTATION

The Director of Public Health for South Tees delivered a presentation to the Live Well South Tees Board on a Whole System Approach to Prevention and Inequalities.

The Director of Public Health provided context to the Board on the levels of deprivation and inequalities in both Middlesbrough and Redcar and Cleveland.

- Middlesbrough is ranked number 3 out of all English Unitary Authorities (out of 59) in the Index of Multiple Deprivation (IMD) and number 5 out of all 317 authorities in England
- In Middlesbrough 48.840 per cent of lower super output areas are among the 10 per cent most deprived
- Middlesbrough has the highest percentage of children living in poverty at 40% and Redcar is also in the top 10
- Life expectancy gap between the most and least deprived quintiles for Middlesbrough gap for males is 11.3 years and females 8.8 years. Redcar for males 12.1 years and females 7.4 years

Social Detriments

- Insecure employment
- Economically inactive
- Appropriate housing
- Homelessness
- Public spaces and green areas
- Life expectancy
- · Deaths of despair

ICB Approach

The Core20Plus5 approach is designed to support Integrated Care Systems to drive targeted

action in healthcare inequalities improvement.

The key clinical areas of inequalities in adults:

- Maternity
- Severe mental illness
- · Chronic respiratory disease
- Early cancer diagnosis
- Hypertension case finding

The key clinical areas of inequalities in children:

- Asthma
- Diabetes
- Epilepsy
- Oral health
- Mental health

Prevention

Primary Prevention, population level universal action

- · Aim: reduce the incidence of diseases and risk factors
- Can also include targeting high risk groups
- Largely a political choice (legislation, vaccination programmes

Secondary Prevention, systematic early detection

- Aim: shorten duration and severity of disease
- Systematically detecting the early stages of disease and intervening early
- Screening for early diagnosis (cancer screening, primary care case finding, Healthy heart checks reducing cholesterol, reducing high blood pressure)

Tertiary Prevention, mitigating the long-term impact of disease and supporting

- Aim: restore functioning within limits of disease
- Supporting self-management
- Rehabilitation and reablement

Information was provided to the Board regarding the effects of:

- Smoking
- Alcohol
- Obesity
- Screening

Recommendations

The following recommendations are from "Health and Wealth – Closing the Gap in the North East" Report of the North East Commission for Health and Social Care Integration

- Establish an ambition to radically increase preventative spending across the health and care system and wider determinants of health and wellbeing
- Partners across South Tees should integrate preventative action and action to tackle inequalities in all decisions.
- Increased preventive spend should be assigned to a dedicated Preventive Investment Fund managed on a cross-system basis and bringing together contributions from all partners who stand to benefit from the expected savings, including central government.

Proposal: South Tees Prevention Board

- Sub-committee of the statutory Health and Wellbeing Board connecting work in the ground with policy – making recommendations to the HWB
- Provide a link between the Health and Wellbeing Board and partner organisations
 with roles in the delivery of ill health prevention plans and support the broadening of
 the scope of the PH IHP programme.
- Provide a setting for the exchange of information, scrutiny of plans and analysis of data with all partners with a role in the delivery of ill health prevention across South Tees, ensuring that they are acting jointly and effectively to improve the population's health

Objectives

- Provide assurance to the Health and Wellbeing Board that plans are in place to improve the population's health addressing some of the main challenges experienced locally
- Provide assurance on the Care Act Prevention Duty of Councils
- Provide governance and accountability framework for those with an ill health prevention remit – a mechanism to discharge prevention duties across the system
- Regularly review; progress against milestones, issues, risks, actions, data and learning through ill health prevention programme updates

The Live Well South Tees Board were asked to agree to the following recommendations:

- Establish a Prevention Board as a sub-committee of the Live Well South Tees Board
- Approve sign up to the Healthy Weight Declaration as a tool to gain leadership support and promote the Local Authority's commitment to addressing obesity.

ORDERED: The Live Well South Tees Board agreed to the proposed recommendations

22/26 TEESWIDE SAFEGUARDING ADULTS BOARD (TSAB) ANNUAL REPORT 2021-22 AND STRATEGIC PLAN 2022-25

The Independent Chair of the Teeswide Safeguarding Adults Board (TSAB) presented the Annual Report to the Live Well South Tees Board.

The TSAB is a statutory body responsible for protecting adults' rights to live independent lives, free from abuse and neglect. The Board works collaboratively with partners to set the strategic direction for adult safeguarding in Tees and seeks assurance from partners that they have the appropriate and robust safeguarding arrangements in place.

The Independent Chair explained that the TSAB is unique as it is the only Board in the Country where the four local authorities have come together to establish a single board.

The TSAB is a partnership with 6 statutory partners:

- Cleveland Police
- Hartlepool Borough Council
- Middlesbrough Council
- Redcar and Cleveland Borough Council
- Stockton on Tees Borough Council
- Tees Valley Clinical Commissioning Group

The Board also has 21 non statutory partners examples include:

- Beyond Housing
- Care Quality Commission
- Cleveland Fire Brigade
- South Tees Safeguarding Children Partnership

The TSAB must produce an Annual Report in line with the requirements of the Care Act 2014. The report must be shared with various Boards and partners including the Health and Wellbeing Board, Chief Constable and Police and Crime Commissioner.

The report sets out what the Board and its member agencies have done to carry out and

deliver the objectives of the Strategic Plan. The report outlines how the Board is monitoring policies and how it intends to further deliver its plans for the future. A key feature of the report is the focus on community engagement and consultation.

The Board were advised that the TSAB had 5 performance indicators which had all been met:

- Percentage of Section 42 enquiries that involved an adult with a previous enquiry in a
 12-month rolling period
- Percentage of concerns leading to a Section 42 Enquiry in 2021/22
- Percentage of those who were asked their desired outcome in 2021/22
- Percentage of those who were satisfied with their outcome in 2021/22
- Percentage of those where risk has been reduced or removed in 2021/22

It was advised that the percentage of concerns leading to a Section 42 enquiry would not be a performance indicator going forward but would be continued to be monitored.

The Board were advised of the following challenges for TSAB:

- Breadth of adult safeguarding has increased
- Exploitation, transitions and homelessness, discharge and complexity has increased
- Increased volume and complexity
- Understanding the voice of the service user and carer
- Staff training and resources
- Closer working relationships with other partnerships
- Lack of definition and guidance on exploitation
- Criminal justice system
- Data
- · Psychological abuse and self-neglect rising

ORDERED: The Board thanked the Independent Chair for his update and noted the work being carried out by the TSAB

22/27 HEALTH AND WELLBEING EXECUTIVE ASSURANCE REPORT

The Chair of the Health and Wellbeing Executive presented a report and provided assurance that the Live Well South Tees Board was fulfilling its statutory responsibilities.

The Board were advised that the Government had announced additional funding this winter to support with discharges from hospital to the most appropriate location from their ongoing care. Middlesbrough and Redcar and Cleveland were allocated over £2.4m through the Adult Social Care Discharge Fund the funding was non-recurrent and had to be spent by 31 March 2023. The Board heard that by working with system partners, and under governance arrangements in place for the Better Care Fund, plans for spending this additional money were completed in December and had fortnightly returns showing activity and spend against the funds had been submitted.

It was advised that an evaluation of the schemes was underway to determine which had been successful and could potentially continue into 2023/24, conditional on funding being available. The Government had confirmed that Additional Discharge Funding would be available in 2023/24 but had yet to issue guidance around the use of this.

Plans for spending the Additional Discharge Funding would be presented to the Board for endorsement when finalised.

The Board were advised that the Ofsted SEND inspection framework had changed. The new framework would look at the social care side of SEND, bringing Ofsted's social care inspectors onto inspection teams for the first time.

The Board were informed that a workshop had been held to develop a single Tees Valley Plan. The draft plan is being finalised and will be presented at a future meeting of the Live Well South Tees Board for consideration.

Discussions were taking place with partners to develop the establishment of a South Tees

Place Based Committee. Whilst this is a Committee of the ICB it will provide an opportunity to support progression of the Place Based Plan and therefore contribute to the delivery of the Health and Wellbeing Strategy for South Tees.

ORDERED: The Live Well Board noted the report